

Diana Mitchell UKCP Reg., Accr. Mediator

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Professional Biography

Diana has worked as a psychotherapist since 1994 and as a mediator since 2006. She has worked as a Visiting Lecturer at Regent's University (RU) since 1995.

Over the years mediation has become her main interest. She works as a mediator and trainer specialising in work place and family disputes; many with her co-mediator Monica Hanaway.

She is a core faculty member on the five-day intensive ADR mediation course at RU. She and Monica run a one-day co-mediation course and a one-day ADR Refresher course; both are courses are at RU.

She also gives regular seminars on the MA in Creative Leadership and to the Global MA students at Regent's University on *Transferable Mediation Active Listening Skills*.

Diana and Monica also have an affiliation with Tutu UK, the UK branch of Archbishop Desmond Tutu Foundation that works towards peace and reconciliation where they have facilitated talks connected to the on-going conflict in Northern Ireland for the Tutu Foundation.

Qualifications

1991-1992 – Certificate in Counselling, Central School of Counselling

1992-1994 – Diploma in Counselling, SPCP, Regent's College

1994 -1996 – Advanced Diploma in Existential Psychotherapy, SPCP

2006 - SPCP Accredited Mediator, Regent's University

Professional Affiliations

Society for Psychotherapy

UK Council for Psychotherapy (UKCP)

Society for Existential Analysis (SEA)

Publications

(1999 – 2015) Various papers/reviews for the *Hermeneutic Circular*

(1997) *Merleau-Ponty, Certain Uncertainty and Existential Psychotherapy, SEA Journal*

(2002) *Is the Concept of Supervision at Odds with Existential Thinking and Therapeutic Practice?* SEA Journal

(2004) *Anxiety and Engagement*, chapter co-written with Nick Kirkland-Handley in: *Existential Perspectives on Human Issues*, Palgrave, Macmillan

(2009) *Responsibility in Existential Supervision*, chapter in; *Existential Perspectives on Supervision*, Palgrave, Macmillan

(2012) *Is Co-mediation better for parties and mediators?* Chapter in *Co-mediation: Using a psychological, paired approach to resolving conflict*, Corporate Harmony.

Presentations and Workshops

Over the years Diana has given presentations at various conferences about existential supervision and challenging some of the taken for granted assumptions that often go hand in hand with being a therapist, tutor and clinical supervisor.

Her second language is Dutch

